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Wild Rice Soup

This soup is a fast and easy way to use left over wild rice and ham from a holiday meal. Hearty and delicious, its a real crowd pleaser. For a vegetarian version omit the ham and substitute vegetable or mushroom stock.



6 Tbs. Butter

1/2 cup Flour

1 cup Minced Onion

3 cups Chicken Broth (Or Vegetable Broth)

1 cup cooked Wild Rice

1 1/2 cups Grated or chopped Carrot

1 cup (or more) Half & Half

1/2 cup Dry Sherry

1/2 cup Slivered Almonds (browned)

1/2 cup Minced Ham (optional)

2 cups Fresh Sliced Mushrooms (optional)

Salt & Pepper to taste

Melt butter in a soup pot. Sauté onions and carrots until soft. Blend in flour. Add broth and stir until it boils and simmer for 10 minutes. Just before serving add cream, rice, salt & pepper, ham & mushrooms. Heat through until mushrooms are just cooked. At the *very* end add sherry and top with nuts. (For a vegetarian version substitute Veggie Broth for Chicken Broth and omit the ham.)

All recipes are available to download from our website!